



Apricot and coconut bliss balls

GF

Serves: Makes approx. 20 balls

Preparation time: 20 mins

Ingredients

3 cups dried apricots

1 cup almond meal

½ cup shredded coconut

½ cup linseeds

2 tbsp orange juice

1 tbsp orange zest

1 tbsp maple syrup

1 cup white sesame seeds, for rolling

Method

1. Place all the ingredients except sesame seeds into a food processor. Blitz until combined and holding together.
2. Roll mixture into large walnut-sized balls, then roll in sesame seeds to coat.
3. Store in an air-tight container in the refrigerator.